



# PRESENTATION

## PART 2

SETTING: MAGIC FOREST INC

TOPIC: DISCRIMINATION



A live action roleplay about educating youth about disinformation.

Made by the DIS-PLAY project





# Discrimination

Let's make humans feel like one race





# TODAY AT THE OFFICE

1. INTRODUCTION
2. WHY WE SHOULD FIGHT IT
3. GOAL & TARGETS
4. MOTIVATION
5. TODAY'S PLAN
6. INSTRUCTIONS
7. PRESENTATION



# 1. INTRODUCTION

Discrimination is the unfair treatment of people and groups based on characteristics such as race, gender, age, or sexual orientation.

The human brain naturally puts things in categories to make sense of the world. But the values placed on these categories are learned from others and through observations we make about how the world works.

Often, discrimination stems from fear and misunderstanding.



# 1. INTRODUCTION

Discrimination is a public health issue for humans.

Research has found that the experience of discrimination can lead to a cascade of stress, related emotional, physical, and behavioral changes. Stress evokes negative emotional responses, such as sadness and anger and can lead to harmful behavior such as alcohol, and other substance use, and decrease healthy activities, such as sleep and physical activity.

Source: [www.healthaffairs.org/doi/10.1377/forefront.20200220.518458/full/](http://www.healthaffairs.org/doi/10.1377/forefront.20200220.518458/full/)





# 1. INTRODUCTION

Laws protect humans from discrimination. Article 21 of EU Charter:

Any discrimination based on any ground such as sex, race, colour, ethnic or social origin, genetic features, language, religion or belief, political or any other opinion, membership of a national minority, property, birth, disability, age or sexual orientation shall be prohibited.



## 2. WHY WE SHOULD FIGHT DISCRIMINATION

The humans needs our help! Humans need to empathize with each other, understand their roots and backgrounds and live together.

- Encourage young humans to focus on their strengths, core values, beliefs, and perceived strengths.
- Get young people to seek support systems. We need to remind them of their worth and help them reframe those faulty beliefs.
  - One problem with discrimination is that people can internalize others' negative beliefs, even when they're false. They may start to believe they're not good enough.



## 3. GOAL & TARGETS

We need to help humans identify discrimination and work against it:

1. Teach them to understand their own privilege.
2. Motivate to examine their own biases and where they originated.
3. Give them the opportunity to validate the experiences and feelings of people who have experienced discrimination.
4. Let humans know that they should call out racist “jokes” or statements.
5. Motivate humans to adopt an intersectional approach in their life

+ Humans love for themselves can spread happiness and colour to the world!

Imagine the food, nature and parties instead of discrimination and power to Trolls!





## 4. MOTIVATION

The best fairies team players contributing with the best ideas will get:

- ★ to choose what to use the money for (when humans don't waist them on Trolls)
- ★ will become FantasticFaires + a party for everyone!
- ★ a trip to the most beautiful place on earth
- ★ to laugh at the Trolls when they fail

Which one of these caught your attention?

Don't leave the humans to be the victims!  
Don't let the Trolls take our party-money!  
We must fight back - NOW!



## 5. TODAY'S PLAN

**Target group:** Young humans 15 - 25 y.o.

**Our mission:** to empower and make humans feel good and confident about themselves by debunking disinformation they are bombarded with!

**Channels:** \*For example social media\*

**Tools:** Canva, Wikipedia, Chat GPT, Open AI

**Common task:** Find and analyze Trolls' hidden disinformation and show the humans the truth



## 6. INSTRUCTIONS



### STEP ONE

- In your groups choose a task
- Analyse disinformation with:
  - Traffic light-method
  - CRAAP-test
- Choose from the Handout 1 one of the non-formal methods to understand discrimination and work on it.



### STEP TWO

- Brainstorm in your group the ways to counteract the acts of discrimination initiated by the Trolls on social media: call it out when you notice it and report it!



### STEP THREE

- Create content with a true narrative that will:
  - Promote right ways of dealing with discrimination
  - minimize the visibility of the Trolls' work

# THE END FOR TODAY

Each team will present the results of their work at the end of the workday.

LET'S GET TO WORK, FELLOW FAIRIES!

**LET'S HELP HUMANS, LET'S STOP TROLLS!**

